



/ . !

RECETA

@C78=A:8BfK?@n>Eg@Da7@570@K9>9>6@,C2A5B>?@860B5B2B>@5A=C304689A:>2>F@>4>9,:0:O45;



"	"	!"	"	"#
25 <8=	50 <8=	2	220 °C	

=3@5485=BK

- 2 ud FK?;Q=:0->@=8H>=0 ?@8<5@=> ?> 500 3 :064K15 g :@C?=0O A>;L (12 3 =0 >15 ?B8FK, >AB0;L=>5 2 0468:C)
- 1 cdtA GQ@=K9 ?5@5F A2565<>;>BK93 cda ?>4A>;=5G=>5 8;8 <O3:>5 >;82:>2>5 <OA>;
- 30 g A;82>G=>5 <OA>;6 ud 7C1G8:>2 G5A=>:0 (4 4;O A>CA0, 2 4;O 0468:8)
- 1 ud :@C?=K9 :@0A=K9 A;04:89 ?5@5F, 4;O 1KAB@>204582568E :@0A=KE ?5@F0 G8;8, 157 A5<O=
- 1 cdtA <>;>BK5 A5<5=0 :>@80=4@01 cda 15;K9 28==K9 C:ACA
- 1 puñado A2560O :8=70, @C1;5=0O, 4;O ?>40G82 ud ;5?QH:8 (H>B8 8;8 ;020H), 4;O ?>40G8

(038

- 1" , ! .) ", &+1ACH8B5 FK?;Q=:0 1C<06=K< ?>;>B5=F5< 8 ?>;>68B5 =0 4>A:C 3@C4:>9 225@E. @5?:8< =>6>< @07@56LB5 24
- 2+!" />:0 FK?;Q=>: ?@>A0;8205BAO, ?>;>68B5 2 1;5=45@ =0@570==K9 :@0A=K9 ?5@5F, 420 G8;8 157 A5<O=, 420 7C

3

E G G /

!>Green Egg Large O 70?>;=ON B3ea04s Day;H287K5>A>>74<0C3Q<0.?@06820M5@06820M1;5B>30@0B553B10>A

4

" , ! +

>A001B5F7P32>@>@010B767<F4B35>@051B@0C35Q>@G898740P30B<3>0255>2B70B597K0;S0B>52B7>

5

" , " &# ! " " , "

!<06LB5 <0A;>< :>6C FK?;Q=010e>5>59B6 9B8FCA8>70>@>4B5=C0C30<04>325;E6AB1NH5B?08>B2@4KBK368B0A<0A

6

BURPING #",

5@054pB5?@8B>@+010B5:8?>B>B02AB5A>AB>8099B5 A2>B0Q0E18B0:>@99B570;0>5@505@750B50K3;Q=8>8B50

7

" , 04 ° #

!ba0ng 8 7005@US=>25A1k<CB5006>2150@AB51000L=5@20B055 40A00A@QAB0 0450A>2,60K@749B5 8 409B5

8

' ! " / " /

>6.FP35,05,058L508@>B5AB82H89A037435>7AB0QH06100B>@>40,050504B5L05>7B8B>010AB?QBB0>AB0

9

" , " % #", " ,

09B5 :064>9 ?B8F5 ?OBL <8=CBP3@5645AB6B:@060070B><8=C55KA@6640AB7>@3@C4@8>BA@KB<5627>5@

!@2540KB>@0

- =QB 4>1,65g22648BP3550B5AA>22700AK<00=0>7800B0QBA0>@B0>@B>?C,C :204@0B=>9 A:>2>@>4K-3@8;L
- 0A?;NI5==K9 FK?;Q=>: 70=8<05B2a0B82AQ 45>A<5AB0B4NO3B A5@20B640B01B5>@KB:8B8F?24430>5B>8=10>40
- >60 E@CAB8B, 5A;8 >=0 ACE0O. >A;5 70A>;;8 45@68B5 FK?;Q=:0 >B:@KBK< 2 E>;>48;L=8:5 8 5IQ @07 >1ACH8B5
- 8@ A> A:>2>@>4K =5 2K;820NB. -B> ?@>2>4=8: 4;O G5A=>:0, 0 >4=0 ;>6:0 =0 ;5?QH:C, ?>4@C<O=5==CN =0 C3;O

0:AC2AB=8ikamB0es@7>9G75B3@8AA6N A ?>4E>4OI8E ?>:C?>:.. 57 4>?>;=8B5;L=KE 70B@0B 4;O 20A.