

DIRECT · MEDIUM

Galician ribeye on the kamado, direct sear

A one-kilo Galician ribeye, Maldon salt, embers at 350°C and not a thing more. The shortest recipe of the year and the hardest to mess up if you respect the timings.



PREP

60 min

COOK

12 min

SERVINGS

4

TEMPERATURE

350 °C

Ingredients

1 kg Galician rubia ribeye (4-5 cm thick)

1 cda freshly ground black pepper

2 cda extra-virgin olive oil

1 ud probe thermometer (Inkbird, Meater or similar)

2 cda Maldon flaky salt

300 g Padrón peppers

c/n coarse salt for the peppers

Method

1 TEMPER THE STEAK

Pull the ribeye out of the fridge 60 minutes before cooking and rest it uncovered on a wire rack at room temperature. This ensures the core is not cold when it hits the kamado and the cook stays even.

2 LIGHT THE KAMADO

Pack the firebowl to the rim, lower vent wide open, top vent three quarters. It takes 15-20 minutes to light the kamado and settle at 350°C. Do not load the meat until the gauge stops climbing.

3 SALT 15 MIN AHEAD

Fifteen minutes before cooking, sprinkle Maldon generously on both faces. The salt pulls surface moisture out and it then reabsorbs — the payoff is a drier, crunchier crust.

4 SEAR 4 MIN PER SIDE

Place the steak on the hot, clean grate. 4 minutes untouched. Rotate 90° if you want the crosshatch and flip. 4 more on the other side.

5 PROBE 50-52°C

Probe the thickest spot, away from the bone. 50°C is very rare, 52°C is rare. For medium-rare push to 55°C, but you give up part of what you paid for.

6 REST ON A RACK

Pull and rest 5 minutes on a wire rack (not a board). Carryover will lift the internal temperature another 2-3°C. Meanwhile, drop the peppers on the coals.

7 SLICE AND SERVE

Slice across the grain in thick pieces (~1.5 cm). Serve with the freshly salted Padrón peppers and a young Mencía. No table salt — the Maldon has done the job.

Editor's tips

- The grate must be genuinely hot and clean. If the steak sticks on contact, it was not ready — wait 2 more minutes.
- Without a probe this recipe is a gamble. A Meater Plus or an Inkbird IBT-2X changes your kamado life.
- Do not tent the meat with foil during the rest — the rack lets air circulate and keeps the crust crisp.
- For a subtle smoke note, throw one oak chip on the coals right before loading the steak. More wood masks the meat.

Gear for this recipe

Kamado Joe Classic III 18"

18" perfecto para un chuleton de 1 kg al sear directo para 4

mikamado.es/en/kamados/kamado-joe-classic-iii

Jealous Devil 100% White Quebracho lump charcoal 15.8 kg

Brasa intensa de quebracho para el golpe de calor directo

mikamado.es/en/accesorios/jealous-devil-quebracho-lump-charcoal

Lavatools Javelin PRO Duo instant-read thermometer

Termometro instantaneo para clavar el punto al sacar

mikamado.es/en/accesorios/lavatools-javelin-pro-duo

Weber Precision Tongs 46 cm (6760)

Girar la pieza de un kilo con seguridad sobre la brasa

mikamado.es/en/accesorios/weber-pinza-precision-46

Full recipe at: mikamado.es/en/recetas/chuleton-gallego-kamado

As an Amazon Associate, mikamado.es earns from qualifying purchases. At no extra cost to you.